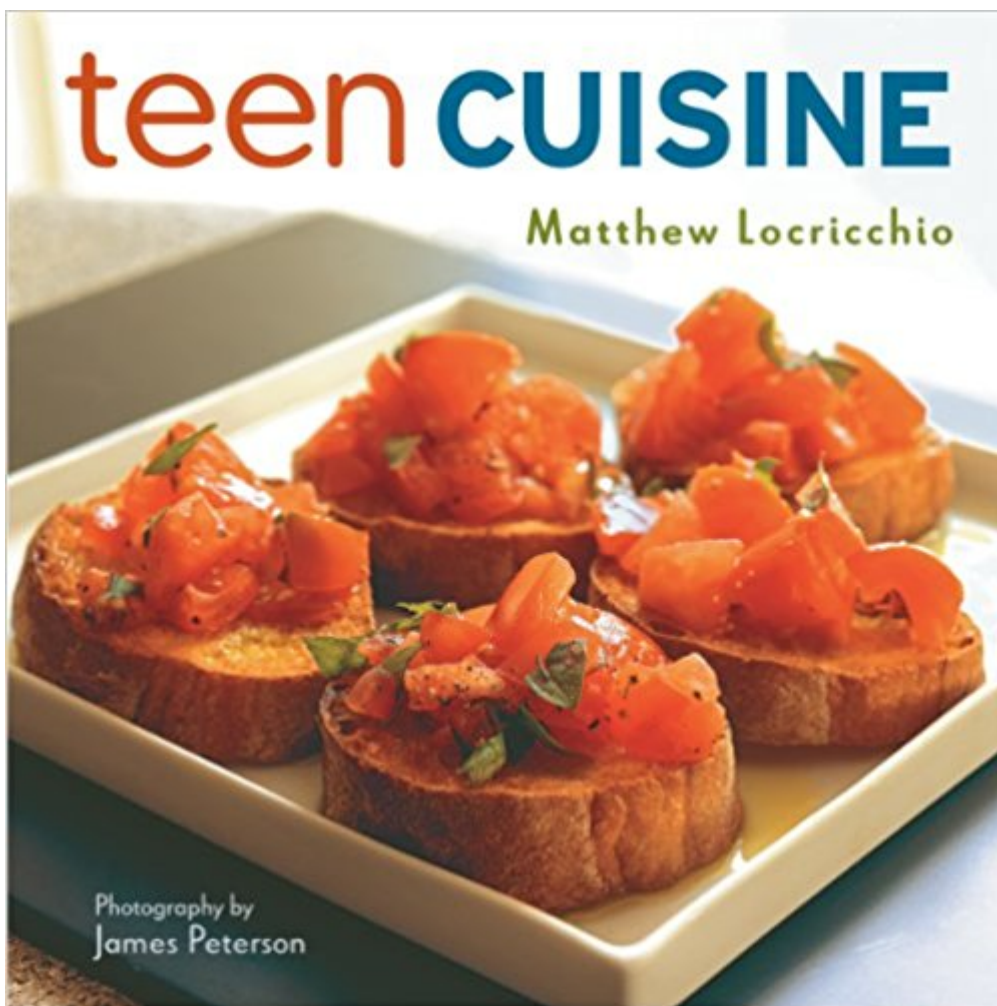


The book was found

# Teen Cuisine



## Synopsis

Calling All Teens ...Take over the vast empty space called the kitchen and learn gourmet cooking from a master chef! Over 50 mouthwatering step-by-step recipes, from "Brilliant Breakfasts" to "Star-Studded Salads" to "Shooting Star Entrees" and "Red Carpet Desserts". Each recipe an American favorite! \* "Pizza Coast-to-Coast" section introduces pizza from three regions of the United States: New York, Chicago, and California \* More than 60 dazzling photographs by James Peterson \* "On Your Mark ... Get Set ... Cook!" format of recipes provides helpful organization \* Step-by-step drawings clarify steps whenever necessary \* Chef's tips, safety section, cooking terms, and definitions \* Kitchen essentials and kitchen equipment \* An emphasis on fresh, nutritious ingredients for healthy eating

## Book Information

Paperback: 207 pages

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Average Customer Review: 4.7 out of 5 stars 52 customer reviews

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[Personal Health > Diet & Nutrition](#) #16 in [Books > Teens > Hobbies & Games > Cooking](#)

## Customer Reviews

Gr 8 Up  
With an emphasis on fresh, healthy, and made-from-scratch dishes, this title offers up a wide array of recipes from breakfast to dessert and everything in between, illustrated with fantastic photography. The recipes are all formatted in steps titled "On your mark|Get set|Cook!". The chapter headings are all show-business related "Star-studded Salads and Dressings," "Red Carpet Desserts" but it isn't clear why. Also, several recipes call for other recipes to be made first: the hummus calls for "sesame sauce" that is featured on another page and the mashed potatoes call for roasted garlic butter, which also appears on another page. Most teens don't want a three-page recipe for burgers. Better choices include Rozanne Gold's *Eat Fresh Food: Awesome Recipes for Teen Chefs* (Bloomsbury, 2009) and Megan, Jill & Judi Carle's *Teens*

Cook: How to Cook What You Want to Eat (Ten Speed, 2004). Genevieve Gallagher, Charlottesville High School, VA. © Copyright 2010. Library Journals LLC, a wholly owned subsidiary of Media Source, Inc. No redistribution permitted.

With its clearly outlined, sophisticated recipes and sumptuous color photos worthy of a coffee-table title, this substantial, well-designed cookbook takes its young audience seriously as it invites them to develop culinary skills. In contrast to some youth cookbooks, there are no condescending attempts to cutesify food on these pages. Locricchio has collected an excellent repertoire of basic dishes that will appeal to a broad teen palette while also reflecting young people's growing awareness of and comfort with international flavors and healthy choices. A section of breakfast dishes, for example, includes two salsa recipes, an eggless tofu scramble, and "Slow Cakes" made with buckwheat, which, like several other lesser-known ingredients throughout the book, is defined in a succinct, informative sidebar. Also included are comfort-food favorites such as mac and cheese and chicken pot pie; a whole chapter on pizzas; and mouthwatering desserts, including chocolate fondue and ice-cream sandwiches. Safety cautions, equipment suggestions, conversion charts, boxed tips, and a glossary round out this inspiring, contemporary guide, which should be a first suggestion to any aspiring young chef. Grades 7-12. • Gillian Engberg

We gave this gift to our son for his 13th birthday, and now he loves being responsible for one meal each week. He picks recipes, makes a grocery list, and creates the meal all on his own. And he loves it. This is a great book for him because all of the recipes are things he likes, and he learning how to cook his favorite things.

My 12 year old son loved this cookbook -- great pictures and directions make it a plus -- he's voluntarily cooked meals (and they were good!) several times since Christmas which makes this a miracle worker! Definitely worth picking up if you have a teen/tween interested in cooking or food.

My son adores this book.

Nice quality; as described.

Great, simple cookbook for teens just learning and those with skills already!

My 11 year old granddaughter is really getting into cooking and baking. She was very excited to get this book for Christmas. It has a lot of good recipes for beginner "chefs".

interesting cookbook but not great for any teenager. my son who will try almost anything didn't seem to be terribly interested in most of the recipes

My niece was very happy with this. I have not yet eaten anything that she made with it, but she seems quite happy with the gift. :)

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